

School supplies list

College-from-home edition

TECH & SOFTWARE

- | | |
|---|--|
| <input type="checkbox"/> Laptop | <input type="checkbox"/> Printer |
| <input type="checkbox"/> Computer monitor | <input type="checkbox"/> Internet access |
| <input type="checkbox"/> Tablet, iPad or digital reader | <input type="checkbox"/> VPN software |
| <input type="checkbox"/> Smart speaker | <input type="checkbox"/> Antivirus software |
| <input type="checkbox"/> Headphones with microphone | <input type="checkbox"/> Video conferencing software |
| <input type="checkbox"/> Wireless mouse | <input type="checkbox"/> Word processing software |
| <input type="checkbox"/> Wireless keyboard | <input type="checkbox"/> Adobe suite |
| <input type="checkbox"/> Wireless charger | |

OFFICE FURNITURE

- | | |
|--|--|
| <input type="checkbox"/> Desk | <input type="checkbox"/> Pen cup |
| <input type="checkbox"/> Desk chair | <input type="checkbox"/> Bookshelf |
| <input type="checkbox"/> Chair cushion | <input type="checkbox"/> Bookends |
| <input type="checkbox"/> Desk lamp | <input type="checkbox"/> Corkboard or whiteboard |
| <input type="checkbox"/> Filing box | <input type="checkbox"/> Laptop tray or stand |

OFFICE SUPPLIES

- Student planner
- Flash drive
- Post-it notes
- Index cards
- Highlighters
- Pens and pencils
- Dry erase markers
- Notebooks
- Folders
- Binders
- Printer paper
- Stapler and staples
- Paper clips
- Hole puncher
- AA and AAA batteries
- Candles and wax melter
- Incense
- Diffuser and essential oils

KITCHEN ESSENTIALS

- Coffee or espresso maker
- Coffee grinder
- Reusable K cups
- Tea bags
- Coffee mugs
- Handheld frother
- Meal delivery kits
- Set of pots and pans
- Spatulas and wooden spoons
- Plates and silverware
- Kitchen knives
- Measuring cups and spoons
- Drinking glasses
- Electric kettle or tea pot
- Mixing bowls
- Mug warmer
- Hand mixer

OTHER NICE-TO-HAVES (TRUST US!)

- | | |
|--|--|
| <input type="checkbox"/> Comfortable socks | <input type="checkbox"/> Hand lotion |
| <input type="checkbox"/> Stretchy pants and shorts | <input type="checkbox"/> Fingerless gloves |
| <input type="checkbox"/> Comfortable shirts | |

7 WAYS TO MAKE THE MOST OF YOUR AT-HOME COLLEGE EXPERIENCE

- **Have a plan for the semester**
Once you know your assignments, give yourself goals throughout the semester to stay on track.
- **Participate**
Don't fall into the habit of staying quiet on Zoom. Ask questions and stay engaged.
- **Block out distractions**
Download a web blocker if you need help focusing.
- **Lose the phone**
Keep your phone turned off when you can to avoid doom scrolling through class.
- **Exercise**
Make time for physical activity to promote mental and physical health.
- **Subscribe to a meal kit**
Get help with cooking more than instant food from one of those meal kits advertised on your favorite podcasts.
- **Bring the dorm to you**
Hang out on video chat with friends or classmates while cooking or studying to cut through some of the isolation.